Exhibit H

Jx 1(b)

verizon

January 29, 2004

Rodney Barber
69 Hollow Tree Drive
Cranston, RI 02920

Dear Mr. Barber,

This is letter is to notify you of your termination of employment with Verizon Corporation effective January 16, 2004.

Your termination is the result of a violation of the company Code of Business Conduct, specifically the misuse of company benefits during the period ~~12/03~~ 1/01/04 to 1/5/04.

Respectully,

Lorna Deplitch

Lorna Deplitch
Director – COEI